

Monthly Digest

Find information and resources that support your efforts in promoting brain health and supporting people living with Alzheimer’s disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- **Upcoming Event!** The Alzheimer’s Association International Conference (AAIC) is the largest international conference dedicated to advancing dementia science, AAIC for All (Thursday, July 31, 9 AM–1 PM ET) is a free, virtual event offering the latest in dementia research. Open to all, it features sessions for both community members and health professionals. Join live or watch later! [Register today.](#)
- **New Caregiver Resource!** The Alzheimer’s Association is hosting a 5-part education series teaching caregivers how to navigate the responsibilities of caring for someone living with dementia. The Empowered Caregiver is a monthly virtual program that will run from August to December 2025. **See attached flyer for more information and share with your network.**
- **New Article!** The BOLD Centers of Excellence have jointly published an article in *Frontiers in Public Health* that outlines the key roles community health workers can play throughout the continuum of dementia care, improving brain health and reducing dementia risk at all life stages, such as improving early detection of cognitive impairment and helping caregivers navigate the daily challenges of dementia care in the community setting. [Read the full article to learn more.](#)

Funding Opportunities

ADPI: BUILDING DEMENTIA-CAPABLE COMMUNITY HEALTH WORKER PROGRAMS IN THE NATIONAL AGING NETWORK

Application due: **Wednesday, July 30, 2025**

Through the Alzheimers Disease Program Initiative, ACL seeks to enhance workforce capacity in the National Aging Network with the inclusion of dementia-capable Community Health Workers. As a result of this initiative, ACL intends to strengthen relationships with rural and underserved communities and address barriers to care for people living with dementia and their caregivers. Eligible applicants include Area Agencies on Aging. Twelve programs will be awarded for the 3-year project.



Trainings and Webinars

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| Jul 24
<i>12 PM PST</i> | Dementia Care Aware: “Tried and True” and the New – Insights into Behavior Management in Dementia. Register Now. |
| Jul 30
<i>10:30 AM PST</i> | Los Angeles County Heart Health Learning Collaborative: Summer Learning Session. Register Now. |
| Jul 31
<i>9AM -1PM EDT</i> | Alzheimer’s Association: AAIC For All. Free CME/CE available. Register Now. |
| Aug 5
<i>11:30 AM PST</i> | National Council of Dementia Minds: Benefits of an Early Diagnosis. Register Now. |
| Aug 12
<i>11:30 AM PST</i> | National Council of Dementia Minds: What Persons living with Dementia Want Their Caregivers to Know. Register Now. |
| Aug 12
<i>12 PM PST</i> | The National Alzheimer’s and Dementia Resource Center: Frontotemporal Degeneration (FTD) - Focus on Interdisciplinary Care and Caregiver Lived Experience. Register Now. |
| Aug 19
<i>11:30 AM PST</i> | National Council of Dementia Minds: Activities Versus Engagement. Register Now. |



Community Events

Get involved! Promote these events to your network.

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| Jul 24
<i>11 AM PST</i> | Alzheimer’s Association: Healthy Living for your Brain and Body. In person event at YMCA of Glendale: 140 N Louise St, Glendale CA 91206. Register Now. |
| Jul 29
<i>5 PM PST</i> | Alzheimer’s LA: Memory Loss & Alzheimer’s (in Mandarin). Register Now. |
| Jul 30
<i>10 AM PST</i> | Alzheimer’s Association: Healthy Living for your Brain and Body. In person event at Joslyn Adult Center: 1301 W Olive Ave, Burbank CA 91506. Register Now. |
| Jul 30
<i>1 PM PST</i> | Alzheimer’s LA: Dementia Friends: Building Dementia Friendly Communities. Register Now. |

In the Spotlight - Alzheimer’s Los Angeles Partners with LA County Supervisors to Raise Dementia Awareness

Alzheimer’s Los Angeles has teamed up with the Los Angeles County Board of Supervisors to produce a series of impactful videos promoting *Dementia Friends* —a global initiative aimed at reducing the stigma surrounding dementia and building more dementia-friendly communities.

In these videos, each Supervisor shares insights on the growing prevalence of dementia in Los Angeles County, the harmful effects of stigma, the importance of supportive services, and how everyone can take simple steps to better understand and support those living with dementia.

You can watch the full video series now on the [Alzheimer’s Los Angeles YouTube channel](#). We encourage you to share these resources widely and help spread the message of compassion and inclusion.

Watch. Learn. Share. Be a Dementia Friend.

[Click Here to See Your District’s Video!](#)

[Supervisor Hilda L. Solis – District 1](#)

[Supervisor Holly J. Mitchell – District 2](#)

[Supervisor Lindsey P. Horvath – District 3](#)


[Supervisor Janice Hahn – District 4](#)


[Supervisor Kathryn Barger – District 5](#)





Send success stories, achievements, or highlight ongoing initiatives to healthybrainla@ph.lacounty.gov to be featured in a spotlight.


Featured Resources


- **TOOLKIT**

[Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.](#)
- **TOOLKIT**

[American College Preventative Medicine developed a new toolkit, Community-Clinical Linkages to Promote Brain Health for Healthcare Providers.](#)
- **COMMUNITY RESOURCE**

[Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.](#)
- **COMMUNITY RESOURCE**

[California Department of Public Health’s ‘Take on Alzheimer’s’ Public Awareness Campaign.](#)
- **LEARNING MODULE**

[Dementia Care Aware’s self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.](#)
- **TOOLKIT**

[BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.